CAREER VALUES

Step 1. Rate each value below according to how important it is to your future major, job, or career.

WORK ENVIRONMENT	Always	Often	Sometimes	Not
WORK ETT THOUSEN	Important	Important	Important	Important
Autonomous				
Learning				
Fast-paced				
Time Freedom				
Benefits				
Personal Safety				
Structured				
Location				
High Earnings				
Sense of Community				
Aesthetically Pleasing				
Quiet				
Exciting				
Comfortable Income				
Flexible				
Predictable				
Secure (little chance of job layoff, etc.)				
Relaxed				

INTRINSIC VALUES	Always	Often	Sometimes	Not
	Important	Important	Important	Important
Independence				
Environmental Awareness				
Contributing				
Spirituality				
Giving to Community				
Honesty				
Influence				
Achievement				
Commitment				
Equality				
Status				
Respect				
Self-respect				
Power				
Integrity				
Belonging			_	
Balance				
Responsibility				



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WORK CONTENT	Always Important	Often Important	Sometimes Important	Not Important
Conceptualizing				
Advocacy				
Detailed				
Creative				
Variety				
Helping				
Analytical				
Adventuresome				
Initiating				
Problem-solving				
Public Contact				
Research				
Organizing				
Challenging				
Risk-taking				
Leading-edge				
Decision Making				
Physical				

WORK RELATIONSHIP	Always Important	Often Important	Sometimes Important	Not Important
Competition				
Support				
Loyalty				
Trust				
Cooperation				
Teamwork				
Leadership				
Management				
Recognition				
Open Communication				
Caring				
Diversity				
Fun				
Harmony	_	_	_	
Friendships				
Individualism				

Step 2. Write your top 10 Very Important Values in order of importance. Consider these values when narrowing down major and career options.

^{*}This worksheet is adapted from the Career Action Center's Values Driven Work. It is used in lieu of the card decks, which are owned by the institution.

