

Career Development Process (CDP)

The career development process is a series of 4 cyclical steps over a person's lifetime where careers are explored and goals refined. Individuals will progress through the process in unique ways and with different timeframes. An ideal career exploration and job search process will include all 4 steps.



Know Yourself: Self Assessment

- What's important to you? (values)
- What do you like? (interests)
- How do you see the world? (personality)
- What are you good at? (skills)



Research Careers

- Websites/eBooks
- Informational Interviewing
- Job Shadowing
- Professional Associations
- Career Events



Try Out the Career

- Internships
- Job Shadowing
- Volunteering
- Part-Time Jobs
- Clubs/Activities
- Service-Learning Classes
- Building a Network
- Career Events



Job Search

- Finding Opportunities
- Career Fairs & Events
- Resume/Cover Letter
- Interviewing
- Applying to Graduate School
- Building a Network
- Job Offer Negotiation

KEEP IN MIND

It's common for people to cycle through steps 1-3 several times before moving on to step 4 (the job search). As your goals and interests change, begin the process again.