Judith Austin

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**Education**

Indiana University May 2024

Bachelor of Arts, GPA: 3.2/4.0 Bloomington, IN

Major: Counseling and Student Services

**Case Management and Counseling Experience**

Boys and Girls Club of Bloomington September 2015-July 2016

*Counseling Intern*  Bloomington, IN

* Mentored teenagers about the dangers of dating violence/abuse through the use of group techniques at local high schools and in-house workshops to spread awareness and promote healthy relationships
* Interviewed and administered assessments for incoming youth, between the ages of 12-18, using several counseling techniques to aid in the intake process
* Co-facilitated weekly group therapy sessions for anger management and social skills training in order to motivate and encourage a positive change in youth at the center

**Student Services Experience**

Indiana University Residential Programs and Services August 2016- Present

*Residential Advisor* Bloomington, IN

* Provided programming and individualized student support to residents of Teter North Dorm
* Plan team-building exercises and weekend events that encourage a supportive and immersive transition to college

Indiana Memorial Union September 2018-Present

*Special Programming Committee Assistant Chair*  Bloomington, IN

* Develop student engagement experiences that create safe and entertaining evening and weekend options
* Maintain an annual budget of $15,000 dollars in collaboration with other campus partners

**Philanthropy Experience**

National Association on Mental Illness August 2019-Present

*Member* Bloomington, IN

* Fundraise for the “NAMI Walks” campaign by reaching out to individuals within the Bloomington community via email and telephone communication in order to reach personal fundraising goal
* Outreach to the Bloomington community to provide educational materials and presentations for members about de-stigmatizing mental health issues and creating community awareness